

Instant Composition/Contact Improvisation

A weekend workshop with **Benno Voorham**
Liverpool, 24th and 25th March 2012



photo: Marta Ankiersztejn

Benno Voorham is a performer, choreographer and teacher from Holland and living in Stockholm since 1995. He has won a distinctive reputation for his original brand of teaching and performing.

In this workshop the focus will be on the instant compositional side of improvisation. Developing skills and viewpoints that help us to navigate and make choices in improvisational scores. Contact Improvisation will be a common ground to interact and play with each other.

Articulation and playfulness are two keywords for this workshop in which we will dance for and with each other. Dances in which we can expect to be in physical contact at any moment and at the same time keeping an awareness of ones own directions in improvising.

'...In my work as a dance maker and improviser I am interested to explore the crossroads between dance, contact improvisation and theatre. Using the potential of the human body and contact improvisation to tell stories through movement in a non-literal way...'

Cost for weekend: £60 and £40 (part-waged, student and concession)

Times: Saturday 11 - 6pm. Sunday: 10 - 4pm

Venue in Liverpool to be confirmed

Contact for bookings and enquiries: Mary: m.prestidge@blueyonder.co.uk

LIC Dance Research Studio, The Bluecoat, School Lane, Liverpool, L1 3BX