

**NEW YEAR COURSE**  
***Improvising with a compositional mind***  
***with***  
**SYBRIG DOKTER and BENNO VOORHAM**  
***2-5 January 2010***

When dancing and interacting with other dancers and an audience, there is a constant demand to be wide-awake and have your senses sharpened. Our memory of what just happened can guide us as to what direction to take in what is coming. We will be working at that intersection of conscious choice and the in the moment following of our instinct. In this workshop we will explore and examine our habits in perceiving and responding to acts of other people as well as having a look at the way we go from thinking to doing. The workshop will be based on physical practice and skills in moving with ease and clarity. Getting to know the body's possibilities through moving, and to navigate it through space and time. Four days of working in different constellations and moving in scores that sharpen our compositional wit and challenge our ability to act and (not)react.

**Benno Voorham** is a dancer, choreographer and teacher from Holland, living in Stockholm since 1995, using improvisation in all aspects of his work. Several of his pieces have toured through Eastern Europe, England, Germany, Ireland and Scandinavia in the last few years. He is teaching workshops in dance improvisation throughout Europe and has won a distinctive reputation for his original brand of teaching. He is dancing Contact Improvisation for more than 20 years and is teaching this form since 1986.

**Sybrig Dokter** is a dancer, dance maker and teacher from the Netherlands living in Sweden from 1995. She received her dance education during the late seventies in Rotterdam (Netherlands), London and New York. She worked as a dancer in New York and Canada before moving back to Europe. Sybrig has performed work by other choreographers as well as created her own work. Her teaching and performing has taken her amongst others to the Baltic countries, Russia, Moldova, Scandinavia and Great Britain.  
[www.sybrigdokter.com](http://www.sybrigdokter.com)

This course is meant for people with experience in dance and/or theatre improvisation.

The workshop will be taught in English/ Swedish.

2 – 5 January 2010, 10.00 - 16.00 h with one hour break.

Tonsalen

Kyrkogårdsvägen 2

Huddinge (Stockholm region)

Pendeltågstation Huddinge (10 minutes train from T-Centralen)

Costs for the workshop: 1400 kronor.

Registration latest by the 23rd of December 2009.

Registration is binding.  
For information and registration write or call to:  
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